

HOW TO MAKE A REFERRAL

Referrals to the Assessment & Care Team (ACT) can be made by contacting the following ACT members:

Dr. Norah Collins Pienta

Assistant Vice President
for Student Life &
Dean of Students

Dr. DeSean E. Coleman

Assistant Dean of
Students & Title IX
Coordinator

Allison Colon

Senior HR Generalist
Human Resources Officer

Thomas Burgess

Director of Residence Life

Dr. Tracy D. Metcalf

Director of Student
Wellness Center

Dr. Lorri McMeel

Interim Associate Dean,
CoESS; Associate
Professor, Social Work

Marjorie A. Lill

Chief of Police

Toni Fitzpatrick

Assistant Vice President
for Student Success

Or online at
lewisu.edu/ACT

The ACT understands that protecting privacy is essential to our effectiveness. Once a person is referred to the ACT, information is shared only as necessary.

UNIVERSITY EMPLOYEE ASSISTANCE PROGRAM (EAP)

It is important to recognize that dealing with disruptive or distressing behavior can be difficult. Consequently, it can be very helpful to discuss these issues with a colleague or supervisor or seek professional stress debriefing assistance through the University's Employee Assistance Program (EAP). You may also contact the Lewis University Human Resource Department if you have questions or require additional information about the Employee Assistance Program. **EAP (Perspectives) 800-456-6327.**

Our **User Name (LEW500)** and **Password (Perspectives).**

LU CARES

Lewis University does not tolerate sexual misconduct of any type. Our Catholic, Lasallian tradition inspires us to view each and every human being as created in the image and likeness of God, full of dignity and worth. Through LU Cares, students can learn about available services and connect with resources that address personal well being and essential needs. Information available on the LU Cares webpage includes:

- Information about sexual misconduct support & resources
- Support and resources for students experiencing housing & food insecurities
- Support for undocumented & immigrant students
- Access to free period products
- Information about Student Wellness Center services

The following off-campus support services are available to assist:

Romeoville Police Department

1050 West Romeo Road,
Romeoville, IL 60446
Emergency: 911
Non-Emergency:
(815) 886-7219

Silver Cross Hospital

1900 Silver Cross Blvd
New Lenox, IL 60541
(815) 300-1100

Guardian Angel Community Services

168 N. Ottawa Street
Joliet, IL 60432
gacprograms.org/
Guardian Angel has a Spanish hotline
M/F 8:30 am-4:30 pm
(815) 263-0521

24-Hour Domestic Violence Hotline

(815) 729-1228

24-Hour Crisis Lifeline

988 or (800) 273-8255 (TALK)
<https://988lifeline.org/>
Instant Message option
available on the website

24-Hour Crisis Lifeline

crisistextline.org
• Text your message to 741741 for support
• Call or text 988
• Chat 988lifeline.org/chat
• Spanish: 1-888-628-9454
• Has LGBTQ+ support daily from 3 pm-2 am EST

Will County 2-1-1

Info & Referral Hotline
• Call 211 or Text 898211



Concerned
About Someone?

ACT

A Guide for the
Lewis University Community



The Assessment & Care Team (ACT) is a multidisciplinary group of Lewis University staff, faculty and administrative leaders working together to respond and best support the health, safety and wellbeing of students and university community.

WHAT IS YOUR ROLE?

Acute or prolonged distress may require the guidance of others to help with a serious problem. You may be perceived as someone who can lend a helping hand or be a good listener if someone is experiencing difficulty in his or her life. Members of the Lewis University community can play an invaluable role in helping persons who are disruptive or in distress. Your expressions of interest, concern, and compassion are important factors for a person seeking the assistance they need. The Office of the Dean of Students, Student Wellness Center, Residence Life, Center for Academic Success and Enrichment (CASE), Lewis University Police Department, and the Department of Human Resources stand ready to offer assistance.

It is important to note that the University does not expect you to assume the role of counselor or police officer. For those responsibilities, Lewis University has trained professionals who can assist you:

Student Wellness Center

(815) 836-5455
Mother Teresa Hall
(Lower Level)

Office of Human Resources

(815) 836-5270
St. Charles Borromeo Hall
North (SB)

Campus Police

(815) 836-5911
West Hall (WH) 50

Dean of Students

(815) 836-5275 Office
of Student Life,
Learning Resource
Center (Ground Level)

ACT Online Referral
lewisu.edu/ACT

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EXAMPLES OF DISTRESSED, DISTURBING OR DISRUPTIVE BEHAVIOR

- Harmful to self or others
- Making suicidal threats or gestures
- Exhibiting alcohol or drug problems
- Exhibiting a pattern of bizarre behaviors
- Disrupting the living or learning community
- Withdrawing socially
- Showing a decline in the quality of work
- Preoccupation with violence
- History of aggressiveness
- Threats made as jokes
- Showing bias, discriminating against or harassing others

SUICIDAL BEHAVIOR

Warning signs might include:

- Increased alcohol and other drug use
- Feelings of hopelessness, helplessness, or worthlessness
- Risky or self destructive behaviors
- Recent impulsiveness
- Dramatic mood changes
- Social withdrawal
- Unexpected rage or anger
- Talk of death and/or suicide

It is important to remember that asking a person if they are contemplating suicide DOES NOT give them the idea to do so. In fact, your openness and concern may allow the person to feel less lonely or isolated and ultimately more hopeful. Talking about suicide is NOT to be ignored.

**STUDENT
WELLNESS
CENTER**
LEWIS UNIVERSITY

THREATENING BEHAVIOR

If you are concerned about someone being a danger to others, you must report it. This is in the best interest of the individual and the community.

Threatening behavior might include:

- Physically violent behavior
- Verbally threatening or overly aggressive behavior
- Threatening or violent material in e-mails, letters, academic papers, or online social network posts
- Harassing or stalking behaviors
- Possession of weapon, particularly a firearm

IMPORTANT TO NOTE



If you are aware of an immediate danger or threat, contact the Lewis University Police Department at extension 5911 or (815) 836-5911 or your local municipal police department by dialing 911.

WHEN TO MAKE A REFERRAL

- If your efforts to manage a behavioral issue have not resolved the problem.
- If you are concerned about the welfare of another person or yourself.
- If the person asks for help in dealing with personal issues that is outside of your role.
- If you have referred a person for assistance in the past and there seems to be no improvement or things seem to be worsening.

... **ACT**